10 Conversation Starters about Bias

A tool for starting conversations in your community, workplace or studio











Bias is the tendency to unfairly prioritise and centre one group of people to the detriment of others. Understanding how bias affects the making and experiencing of art is essential for making art more accessible for disabled people.

Set aside time with your colleagues once a week/ month to mindfully consider bias in your work:

- Set a timer for 20 minutes
- Pick just one card and discuss the prompt question together in your group
- Make collective notes of the discussion or draw a diagram together
- Come up with three simple actions you can take to address bias in your work
- Review these notes and actions at the next session.





1. How might bias affect our art?



2. When making art, who is our intended audience?



3. When making art, whose perspective do we unintentionally centre?



4. Who does our art exclude?



5. How can we best understand each other's lived experiences?



6. How do we become aware of our own biases?



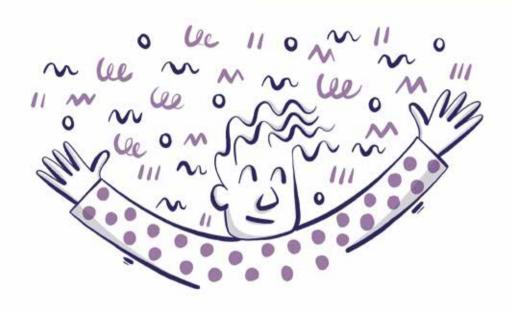
7. How can we care for each other and ourselves whilst considering our biases?



8. Do we need help to explore the biases we hold against ourselves?



9. How can we challenge each other's biases in a supportive way?



10. What can we do to make our art less biased, so it includes more people?